



Purpose

To assist children with physical disabilities to maximize their potential to achieve physical independence and autonomy in daily life.

Manpower

There are four full-time physiotherapists, two part-time physiotherapists and two physiotherapy assistants in the physiotherapy department.

Service Areas

A. Assessment

Physiotherapists will analyze children's physical problems by using different assessment tools and through clinical observation. Treatment goals will be set up accordingly. The scope of assessment includes:

- Gross motor development
- Joint range-of-motion
- Muscle power
- Balance and coordination
- Gait
- Lung function

B. Treatment

Physiotherapists will take students out of the classrooms for treatment during lessons. The frequency of treatment ranges from once every two weeks to three times a week, depending on the student's need.

Physiotherapists will plan different treatment activities to improve students' physical performance based on the assessment results and individual's developmental needs. Treatment types include:

1. Individual treatment

Physiotherapists provide treatment in a 1-to-1 basis.

2. Group treatment

Students with similar needs and abilities will be grouped together.



3. Standing exercise

Standing exercises using flexistands for 1 hour will be arranged for students in need every day, so as to lower the possibility of getting contracture, maintain the bone density, improve body circulation and to promote sensation of standing upright.



At the end of each semester, physiotherapists will prepare treatment reports to parents to summarize the student's progress throughout the year.

C. Parent Engagement

A close cooperation between the school and the family can help to maximize the potential abilities of our students. Hence, the Physiotherapy Department will engage parents through the following ways:

1. Individual appointment
2. Telephone contact
3. Lesson observation
4. Home visit
5. Seminars or workshops

D. Purchase and modification of rehabilitation equipment

The Physiotherapy Department will assist students in purchasing or modifying assistive devices, such as wheelchairs, different walking aids or flexistands, to suit their needs. Physiotherapists will also assist in funding application for buying rehabilitation equipment.

E. Within school communication

Physiotherapists will communicate with teachers and other therapists regularly to update students' performance. For students living in hostel, physiotherapists will suggest and provide equipment to hostel parents to facilitate them in caring students and helping students to do exercises.

F. Outside school communication and referral service

In order to provide a holistic and effective treatment, physiotherapists will keep in touch with the case doctor, provide treatment reports and professional opinions as needed. Also, physiotherapist will refer students in need to receive prosthetic & orthopedic service or participate in clinics like CP clinic, Botox clinic, Seating clinic and SDR clinic.

Query

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Production date: August 2021



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